

Certificate in Tutoring Sport (CTS) Course Outline

Aims of the Course:

To provide candidate tutors/coach educators with an introduction to the processes and principles of learning. The course offers an opportunity for candidate tutors/coach educators to be supported in developing the knowledge of how to plan, design, manage, facilitate and review learning sessions.

Programme Outline

NB: course timings may vary. Start and finish times will be specified in the course joining instructions. Breaks will be taken at appropriate stages. Lunch and drinks will be provided.

Day 1	Guideline timings
Introductions	9.30
Learning models	9.45
Principles of session planning	11.00
Using the facilitation skills of questioning, listening & feedback	1.15
Methods of assessing learning	2.30
Tutor self-reflection	3.00
<i>Qualified teachers / participants who attend this course as an update may leave at this stage</i>	3.30
Introduction to the CTS evidence requirements and planning for day 2	3.30
Depart	5.00

Day 2	
Practical tutoring – 20 minute session each	9.00
Self evaluation	1.15
Feedback on 1:1 basis with the trainer	1.30 onwards
Depart	4pm (or earlier depending on numbers)